

IRISH OPEN DIVING CHAMPIONSHIPS

8th – 10th November, 2013

National Aquatic Centre, Dublin

THE EVENT:

We invite you to take part in the 2013 Irish Open National Diving Championships.

- 1. IRISH OPEN SENIOR DIVING CHAMPIONSHIPS**
For Seniors we are hosting 3 Competitions: 1m, 3m & platform.
- 2. IRISH OPEN JUNIOR CHAMPIONSHIPS**
For Juniors (Under 18 & Under 13) we are hosting 3 Competitions per age group: 1m, 3m & platform.
- 3. IRISH OPEN NOVICE CHAMPIONSHIP**
There will be a Novice competition for Juniors (age groups – F, E, D, C & B) and Masters (16 – 24 & 25+).
For Novice Juniors we are hosting 1 Competition per age group: covering a mixture of poolside, 1m, 3m & 5m.
For Novice Masters we are hosting 3 Competitions per age group: 1m, 3m & platform.

THE FACILITY:

We would like to welcome you to the National Aquatic Centre and hope that you will enjoy the competition and challenges of our 2013 Open Championships.

NATIONAL AQUATIC CENTRE, DUBLIN:

2 x 1m Springboards
2 x 3m Springboards
1m, 3m, 5m, 7.5m & 10m Platforms
Moveable floor to 5m depth

**Please send your entries by 5pm on
Friday 18th October to:**

**Sonya Kerr
The National Aquatic Centre
Snugborough Road
Abbotstown
Dublin 15**



Entry fee is €12 (£10) per event
Late entries will incur a penalty fine of €30 (stg £25).
Entries will not be accepted after October 21st 2013.

Enquiries to –

Sonya Kerr
Email: sonyakerr@hotmail.co.uk
Or
Mary Power
Email: marypower32@gmail.com
Phone: 00353 86 107 8293

IRISH OPEN DIVING CHAMPIONSHIPS 2013

The events will be run under FINA rules.

Events and Entry Conditions.

Irish Open Senior and Junior Diving Championships

Age Group	Gender	Event	Dives	DD limit	Total
Senior	Men & Women	1m	6 from 5	No Limit	6
Senior	Men & Women	3m	6 from 5	No Limit	6
Senior	Men & Women	Platform 5 / 7.5 / 10m	6 from 5	No Limit	6
Junior Under 18	Boys & Girls	1m	6 from 4	No Limit	6
Junior Under 18	Boys & Girls	3m	6 from 4	No Limit	6
Junior Under 18	Boys & Girls	Platform 5 / 7.5m	6 from 4	No Limit	6
Junior Under 13	Boys & Girls	1m	5 from 4	No Limit	5
Junior Under 13	Boys & Girls	3m	5 from 4	No Limit	5
Junior Under 13	Boys & Girls	Platform 5m	5 from 3	No Limit	5

Irish Novice Junior Diving Championships

There will be separate competitions for boys and girls in each age group.

**Group F (7yrs & Under), Group E (8/9yrs), Group D (10/11yrs)
Group C (12/13yrs), Group B (14/15yrs) & Group A (16/18yrs)**

Group F (7yrs & Under) – 9 Skills		
Poolside	1m	3m
11A (spring header) or 101C	100A with Armswing or Hurdle Step	100A with Armswing or Hurdle Step
100C with Armswing	2 Dives / Skills covering 2 groups from List F	Armswing 200A
22B (Back Pike Sit)		1 line Up from List Below

List F

10B(1.0), 101C(1.2), 101B(1.3), 200A(1.0), 20A(1.1), 201C(1.5), 301C(1.6), 401C(1.4), 401B(1.5)

Line Up List for Group F

10B (1.0), 10C (1.2), 20C (1.3), 20A (1.4)

Group E (8/9yrs) – 9 Skills		
Poolside	1m	3m
11A (spring header)	100A with Armswing or Hurdle Step	Armswing 200A
101C	2 Dive covering 2 groups from List E	1 line Up from List Below
22B (Back Pike Sit)		1 Different line Up from List Below

List E

101C(1.2), 101B(1.3), 103C(1.6), 20A(1.1), 201C(1.5), 301C(1.6), 401C(1.4), 401B(1.5)

Line Up List for Group E

10B (1.0), 10C (1.2), 20C (1.3), 20A (1.4)

Group D (10/11yrs) – 12 Skills		
Poolside	1m	3m
11A (spring header)	100A with Hurdle Step	10C (1.2)
101C	1 Dive from List D1	1 Dive from List D3
200C with Armswing	1 Dive from List D2	20C (1.3)
32B (Reverse Pike Sit)	1 Different Dive from D1 or D2	20A (1.4)

List D1

101C(1.2), 101B(1.3), 103C(1.6), 401C(1.4), 401B(1.5)

List D2

Back Spring Header 21A(1.0), 20A(1.1), 201C(1.5), 201B(1.6), 301C(1.6), 301B(1.7)

List D3

10B(1.0), 101C(1.4), 101B(1.5), 401C(1.3)

Group C (12/13yrs) – 12 Skills		
Poolside and 5m	1m	3m
101C (0m)	4 Dive covering 3 groups from List C1 Repeats permitted(1.0) <i>(Please Note: Dives of the same number are considered to be a repeat, even if they are of a different shape.)</i>	10C (1.2)
32B (Reverse Pike Sit) (0m)		20A (1.4)
100A with Armswing (5m)		1 Dive from List C3
200A with Armswing (5m)		1 Different Dive from List C3

List C1

101C(1.2), 101B(1.3), 103C(1.6), 103B(1.7), Back Spring Header 21A(1.0), 201C(1.5), 201B(1.6), 301C(1.6), 301B(1.7), 401C(1.4), 401B(1.5), 402C(1.6)

List C3

10B(1.0), 101C(1.4), 101B(1.5), 103C(1.5), 103B(1.6), 20C(1.3), 201C(1.7), 301C(1.8), 401C(1.3)

Group B (14/15)- 12 Skills

1 m	3m	3m or 5m
3 Dives covering 2 groups from List B1	4 Dive covering 3 groups from List B3	1 Forward line up from the list below
3 Dives covering 2 groups from List B2		1 Back line up from the list below

List B1

101C(1.2), 101B(1.3), 103C(1.6), 103B(1.7), 401C(1.4), 401B(1.5), 402C(1.6), 403C(2.2)

List B2

201C(1.5), 201B(1.6), 202C(1.5), 203C(2.0), 301C(1.6), 301B(1.7), 302C(1.6), 5221D(1.7), 5122D(1.9)

List B3

101C(1.4), 101B(1.5), 103C(1.5), 103B(1.6), 201C(1.7), 201B(1.8), 301C(1.8), 301B(1.9), 401C(1.3), 401B(1.4), 403C(1.9)

Line Up List for Group B

3m: 10B (1.0), 10C (1.2), 20C (1.3), 20A (1.4)

5m: 10B (1.1), 10C (1.3), 20C (1.5), 20A (1.6)

Irish Novice Master Diving Championships

There will be separate competitions for Men and Women in each age group.

Age Group	Gender	Event	Dives	DD limit	Rotation Limit	Total
Masters 16 – 24	Men & Women	1m	5 from 3	No limit	Max 1 ½	5
Masters 16 – 24	Men & Women	3m	5 from 3	No limit	Max 1 ½	5
Masters 16 – 24	Men & Women	Platform 5 / 7.5 / 10m	4 from 2	No limit	Max 1 ½	4
Masters 25 +	Men & Women	1m	5 from 3	No limit	Max 1 ½	5
Masters 25 +	Men & Women	3m	5 from 3	No limit	Max 1 ½	5
Masters 25 +	Men & Women	Platform 5 / 7.5 / 10m	4 from 2	No limit	Max 1 ½	4

OFFICIALS REQUEST:

We would ask visiting clubs to provide judging officials for these championships as we are running many events simultaneously due to restricted time. Please indicate, at your earliest convenience to Sonya Kerr, names and number of judges you can provide so we can schedule officials for the event. Please state which event(s) you would prefer not to judge.

Email address: sonyakerr@hotmail.co.uk

ENTRIES.

YOU SHOULD SEND THE FOLLOWING:

- Completed Entry Form
- Cheque or bank draft (no cash) made payable to Swim Ireland.
- We will accept Euro and Sterling cheques to include total of entry fee
- Club entries are welcome.

Addressed to:

**Sonya Kerr
The National Aquatic Centre
Snugborough Road
Abbotstown
Dublin 15
Ireland**

NOTE UK Competitors: Please do not use 2nd class postage as postage will take up to four weeks and will likely result in a late entry fine.

Email: sonyakerr@hotmail.co.uk

or

Email: marypower32@gmail.com

Phone: 00353 86 107 8293

PROVISIONAL PROGRAMME:

Exact timings will be determined once all the entries have been received and numbers are known.

Programmes will be available on the day and will cost €5.

Training will be available on the Friday at 12 until start of restricted training, before the event.

Times to be confirmed.

CLOSING DATE FOR ENTRIES:

5pm Friday 28th October 2013

There is a provision for training between sessions

Depending on entries, the timetable is subject to change up to 5th November

We will do our best to notify clubs of major changes to the provisional timetable

DIVE SHEETS

Dive Sheets must be submitted prior to your arrival.

Close of play for dive sheets is: Wednesday 26th October.

We are using DiveRecorder, the electronic scoring system developed by Malcolm Taylor from Edinburgh. One advantage of Dive Recorder is that we can accept dive sheets electronically and input them directly.

Step 1: Go on line, visit DiveRecorder downloads at <http://www.diverecorder.co.uk>, download the DiveSheets program and follow the instructions for installing on your PC. If you have already downloaded DiveSheets (for ASA competitions) go to Step 2.

Step 2: Staying on line, open the DiveSheets program. To download the Meet Configuration file (.mcf), Click on New Meet, double click on Irish Nationals 2013 in the list to load it into DiveSheets (see on line instructions)

Step 3: Complete all the dive sheets for your divers on or off-line. Enter all your divers, fill in their dive sheets in Entries, print off a report that gives details of all your divers and their dives (this is your prompt copy for the event).

Step 4: When you're happy you have all the information on divers/dive sheets entered and saved, print your report, go back on line, click on submit in DiveSheets. Fill in all the appropriate boxes, follow the on line instructions.

An e-mail is created that will send the .mcf file to the recorders to upload to the Scoring program. If you use AOL you might need to attach the file from the DiveSheets folder. There are instructions in DiveSheets which give details of the naming convention for the .ent file (you can view this file in Notepad or Wordpad if you need to) copy of the Meet Configuration file to download.

Close of play for dive sheets is Wednesday 6th November, before this would be much better. We will, of course, operate a policy of allowing changes to dive sheets up to 1 hour before the start of the day's competitions.

LIVE RESULTS

Live results will be available at www.diverecorder.co.uk

TECHNICAL MEETING

A technical meeting will be held prior to the event; the time will be confirmed in due course. Each club must send a representative. Please inform the event staff if you are unable to attend the meeting or you are unable to send a substitute.

CLOTHING

During medal ceremonies, full club kit or tracksuits must be worn.

THE VENUE

National Aquatic Centre
Snugborough Road
Blanchardstown
Dublin 15
Web: www.nac.ie
Tel: +353 1 6464300

PHOTOGRAPHY

Spectators, officials and competitors wishing to take photographs or video must register their camera on entry to the facility. NO FLASH PHOTOGRAPHY ALLOWED.

FOOD

Two food vendors operate in the National Aquatic Centre. While refreshments may be brought to the centre, it is not permitted by the centre for teams to prepare food onsite. If you wish to order a pack lunch please contact Rosemary 00353876551338.

ACCOMMODATION

Crowne Plaza, Blanchardstown
1800848270
CarltonTyrrelstown
01 827 5600

Mention that you are divers and we hope to have a group rate.

MEDIA

It is a condition of attending a Swim Ireland event that divers accept they may be photographed or filmed as part of the occasion, either as an individual or as a member of a group. Divers may also appear in a photograph or video inadvertently. Parents and swimmers must accept this. All photography and/or filming will be in accordance with Swim Ireland Guidelines.

DIVING CHAMPIONSHIP CONDITIONS

1. The FINA international technical rules of diving shall be used.
2. Only dives on the FINA degree of difficulty tables, or pursuant with the FINA formula shall be used, with the exception of dives prohibited by these conditions.
3. All diving installations shall be in accordance with the present FINA regulations and approved by a representative of the Swim Ireland National Diving Committee.
4. The entry fee shall be decided annually. Each entry shall be made on an official entry form and both fee and form shall reach the Event Manager three weeks before the commencement of the competition.
5. The Swim Ireland National Diving Committee shall review annually, the conditions of the championships and the application of qualifying criteria.
6. Medals shall be awarded to the first three placed divers in each competition and, where different, to the first three placed Irish divers. Guest Divers who win medals will receive commemorative medals.
7. Rule 6 does not apply to the Masters Commemorative Championships where medals shall be awarded to the first three placed divers irrespective of nationality.
8. Where perpetual trophies are awarded, they will be awarded to the best placed Irish diver.
9. In all conditions for Swim Ireland Diving Competitions and Championships, the phrase "Irish diver" or Irish Divers" shall mean a diver who is a member of and who is representing a club affiliated to Swim Ireland and/or who is eligible to represent Ireland.

COMPETITION PROCEDURE

1. The winner in each event is the diver with the highest total points scored in the final competition, subject to the Irish/non-Irish conditions or event.
2. In all Championships, each diver shall deliver to the Chief Referee, or to a deputy appointed by him, by a time to be notified to each competitor by the Swim Ireland National Diving Committee, a complete list of the dives selected on an official form signed by the competitor and the divers' representative via the Dive Sheets programme.
3. On that form shall be stated, in the order of the execution of the dives:
 - a. The number of each dive according to the FINA diving tables;
 - b. The execution of the dive, that is (A) straight, (B) piked, (C) with tuck or (D) free;
 - c. The height of the board or platform;
 - d. The degree of difficulty.
4. Dives with limit shall not be repeated as dives without limit.
5. All dives of the same number shall be deemed the same dive.
6. No dive of the same number shall be repeated (except when conditions allow)
7. Only dives in the FINA diving tables or pursuant with the FINA formula may be executed.
8. Where a closing time has passed, as provided in condition 2 above, no change shall be permitted in the list of dives to be performed or in the order of the execution of the dives.
9. Unless the list is presented within the time required, a competitor shall not be admitted to the championship.
10. Each competitor is entirely responsible for the accuracy of the statements in the list.
11. A protest may not be made against the decision of the referee or any other official regarding the facts of the competition. The referee's interpretation of Swim Ireland Law, promoter's conditions or FINA Rules and Regulations must be accepted at the time, but may be the subject of a protest.

12. Only Club Officials should approach Meet Officials in relation to queries and disputes. Parents should be advised to contact their Club Official if they have concerns. It is up to each club to ensure that a suitable representative is present at all Meets.
13. A Protest is an allegation that Swim Ireland rules or the Meet Conditions have not been complied with or have been misinterpreted. No protest can be made against a decision of the Referee or any other official regarding placing, fouling and any other facts of a competition. Protests made during a Meet must be made to the Referee. Where a Protest is made concerning the outcome of a final then the awards for that event will be held until the Protest is heard.
14. All divers must be properly attired in a tracksuit or t-shirt and shorts for medal ceremonies.

SAFETY AT DIVING MEETS

All accidents, however minor must be reported, in writing, to Swim Ireland. We would ask the co-operation of divers, coaches, spectators and clubs in the application of the following safety measures. They are in place for everyone's safety.

1. GENERAL;

- i. Everyone attending Meets must familiarise themselves with the locations and operation of emergency exits.
- ii. Anyone observing anything they consider to be a safety hazard should report it to a Meet Official.
- iii. All persons attending Meets must take all steps to ensure their own safety and the safety of others.
- iv. All walkways must be kept clear of bags, equipment, etc.

2. DIVING;

- i. It is the responsibility of competitors, coaches and clubs to ensure that all divers are sufficiently competent to attempt their dive sheet safely.

3. AROUND THE POOL (E.G. SPECTATOR AREA, FOYER AREA, ETC.)

- i. Divers are not permitted to enter dry areas without first having changed and put on footwear.
- ii. Where there is a balcony or rail divers are not permitted to climb over it.
- iii. Glass bottles are not permitted outside designated refreshment areas.

Thank you for your co-operation in making the Meets a safe experience for all.

SAFETY GENERAL

1. By Law all facilities are required to have a Safety Statement in operation. Clubs and Meet Organisers should satisfy themselves that this is the case.
2. Any accidents, however minor, must be reported to Swim Ireland (standard Accident Report Form available).
3. All volunteers who work/help at Swim Ireland events are advised to read the Swim Ireland Safety Statement which is available upon request from the Office.

MEETS

1. Following a meet at which an incident/accident occurred, the Organiser and Meet Referee must complete a Meet Accident Report Form and include their contact details.
2. All who attend meets are urged to report any accidents to either the Meet Organiser who immediately reports to the Meet Referee or to the Referee directly. Where an accident occurs, Swim Ireland must be informed as soon as possible with a full report presented.
3. "Safety at Swim Meets" must be included in all Programmes for all Meets run under Swim Ireland rules. It must also be read out at the start of every session with emphasis placed on item 3 above.
4. Officials should be advised by the Referee to report any concerns they have over possible risks at the facility and to ensure that reporting procedures are followed.
5. Under FINA Law the Referee is in total control of all persons attending the meet and the Referee should take all reasonable steps to ensure their safety.

DIRECTIONS TO THE NATIONAL AQUATIC CENTRE

BY BUS FROM THE CITY CENTRE.

Please take the 38A from the Hawkins Street in the City Centre to Snugborough Road in Blanchardstown

BY CAR FROM THE CITY CENTRE.

Take the Navan Road (N3) roundabout, take the slip road to the left to the Blanchardstown centre and the NAC is marked and stay in the right hand lane. Take a right at the top of the slip road and cross over the bridge. Take the first exit off the small roundabout at the other side of the bridge. Continue up Snugborough Road and take a right at the second set of traffic lights into the National Aquatic Centre.

BY CAR FROM THE M50.

Take the exit at junction 6 on the M50 for Blanchardstown. Take the slip road to the left to the Blanchardstown centre and the NAC is marked, and stay in the right hand lane. Take a right at the top of the slip road and cross over the bridge. Take the first exit off the small roundabout at the other side of the bridge. Continue up Snugborough Road and take a right at the second set of traffic lights into the National Aquatic Centre.

BY CAR FROM THE BLANCHARDSTOWN CENTRE.

Exit the Blanchardstown Centre complex via the Westpoint Health Club exit. Continue to the set of traffic lights and take a left over the bridge. Take the first exit off the small roundabout at the other side of the bridge. Continue up Snugborough Road and take a right at the second set of traffic lights into the National Aquatic Centre.





IRISH OPEN DIVING CHAMPIONSHIPS
8th – 10th November, 2013
National Aquatic Centre, Dublin

ENTRY FORM: Competitors Details

Divers Name		
Swim Ireland Reg Number	(Irish Applicants Only)	
Nationality		
Date of Birth		
Gender		
Address		
Town		
Post Code		
Country		
Email Address		
Emergency Contact	Name:	Relationship:
	Home Number:	Mobile Number:
Diving Club		
Club Secretary		
Club Phone Number		

I hereby declare that I will abide by the conditions laid down by the Association for this competition. I am aware that RANDOM DRUG TESTING may take place during this competition and I agree, if selected, to comply with the approved medical control procedures and to submit a sample of urine for analysis at an accredited laboratory.

Guest Divers (tick box): [] I confirm that I am covered under my governing body's insurance while competing in Dublin.



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8th – 10th November, 2013

National Aquatic Centre, Dublin

ENTRY FORM: Competition Information

Divers Name	
Age	(As on 31 st Dec 2013)
Club	

Please Tick

Irish Open Senior Diving Championships	Mens	Womens	
	1m	3m	HB

Irish Open Junior U18 Diving Championships	Boys	Girls	
	1m	3m	HB

Irish Open Junior U13** Diving Championships	Boys	Girls	
	1m	3m	5m

**Competitors cannot compete in the Junior U13 and Junior U18 or Senior Championships

Irish Open Novice* Junior Diving Championships	Boys	Girls	
	F (7&U)	E (8/9)	
	D (10/11)	C (12/13)	B (14/15)

Irish Open Novice* Masters Diving Championships	Mens	Womens
	16–24	25+

*Competitors cannot compete in the Novice and Junior U13, Junior U18 or Senior Championships

There is an entry fee of €12 (£10) per event and there will be a late entry fine of €30 (stg £25). In the event of a late entry, the diver will not be allowed to compete until this fine is paid. Late entries will not be accepted after October 21st 2013

Signature of Competitor: _____ Date: _____

Before signing, please check your entry and that you have read the form fully. If you are under 18 years of age on the first day of the competition, your parent/guardian should fill out the following paragraph:

I agree to my son / daughter / ward, if selected, being submitted to the Medical Control procedure and to him / her submitting a sample of urine for analysis at an accredited laboratory.

Parent / Guardian Signature: _____ Date: _____